

## BFSC Ice Rules

We have established these etiquette and safety rules to ensure that our club ice time is safe and enjoyable. Skaters who do not abide by these rules may be asked to leave the ice by our skating coaches or a board member. If there are any questions or problems, please see a board member. These rules apply to all of those who skate on BFSC club ice, their families, and coaches. All rules are subject to change by the BFSC Board of Directors.

- 1. Check in with the ice monitor before entering the rink area.** No skaters are allowed on the ice without first signing in and/or paying for the session. Do not get on the ice until the Zamboni doors have been closed.
- 2. Dress appropriately:** tie hair back and avoid wearing large jewelry. Wear skate guards when you are not on the ice.
- 3. The following are not allowed on the ice at any time: food, gum, earphones, iPods, cell phones.** You may not skate with any kind of earphones or headset, even in just one ear.
- 4. Show courtesy and good sportsmanship to others at all times.** Be aware of other skaters and look ahead of where you are skating to see what others are doing or about to do. Be patient with less experienced skaters and be understanding if someone accidentally gets in your way. Maintain a positive attitude at all times and set a good example for the younger and less experienced skaters. Deliberately cutting off or blocking another skater is extremely dangerous and will not be tolerated.
- 5. Do not stand still to socialize on the ice surface.** Take all conversations to the boards or move off the ice completely.
- 6. No sitting on the ice for prolonged periods after a fall.** Please get up as quickly as possible. If you are injured and require assistance, ask a coach for help.
- 7. Do not interrupt another skater's lesson** by talking to a coach in lesson or skating too close to a lesson in progress.
- 8. No profanity or disruptive behavior.** Foul language, kicking the ice or boards, throwing objects, and name-calling or other derogatory remarks will not be tolerated. If you exhibit disrespectful or disruptive behavior, you will be asked to leave the ice by a coach or board member.
- 9. Communicate with other skaters on the ice to avoid accidents** (for example, say "Excuse me", "Sorry", and "I'll go around you").
- 10. Skaters in lesson and skaters** with music playing have the right of way. Be alert at all times for skaters in lesson or doing programs and watch out for those skaters. Right of way with music will be granted 2 times per session.
- 11. Frequently, skaters on the ice have equal priority (neither one is in lesson or on program).** This is where courtesy and common sense should guide skaters. Sometimes, it is easier for one skater to yield to another skater. When in doubt, it is better for both skaters to yield.
- 12. Coaches' requests for program or dance music should alternate with non-coach requests.** Music will be played on a first-come, first-served basis. Skaters wishing to have the same program or dance music played a second time should first make sure no one is waiting to have their music played for the first time.
- 13. No more than 2 skaters may skate in unison or in hold.**
- 14. If you have a grievance** with another skater or coach, please address your concern in writing to the BFSC Board of Directors for review and action, if necessary.
- 15. Only BFSC approved coaches are allowed.** A guest coach must be approved in advance.